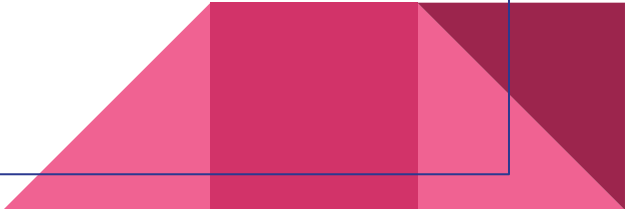


# 5th Grade Family Life Recommendations

Mt. Diablo Unified  
September 12, 2018

# Background

- Prior content did not comply with CA Ed Code ( CA Healthy Youth Act) or 2008 CA Health Standards
  - Inaccurate/biased information
  - Increased access to information
  - Outdated materials
  - Marginalized segments of the student population
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# School Year 2017-18

- Fall 2017- Family Life information included in Parent Information Packet
- Fall 2017- Letters sent out informing parents/guardian of change
- October 2017- Materials available for viewing at Willow Creek
- Fall - Winter 2018- Information shared with principals & teachers
- January 2018- Materials available for viewing
- January 2018 - 5th grade teachers attended 2 day training
- February 2018- Parent/ guardian letters sent
- March 2018- District information night
- Spring 2018- School site presentations for parents/guardians
- ***April 2018- Presentation to Board***
- ***July 9 & 16, 2018- Steering Committee Mtgs.***

# Steering Committee Meeting

July 9 & 16, 2018

- Parents/family members, teachers and principals
  - 16 members on the committee (2 District Office Staff, 4 Principals, 5 Teachers, and 5 Parents/Family/Community Members)
  - Steering Committee members reviewed and ranked the 5th Grade Family Life Standards, reviewed state law, and analyzed the current set of lessons being used in classrooms
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# Recommendations

# Starting the 2018-19 School Year

## Overarching Recommendations

- All sites should schedule parent/family night to review materials
- Teachers and parents need access to same version of lessons
- Single opt out only for lessons covered by Education Code 51931(b)- human development and sexuality, including education on pregnancy, contraception, and sexually transmitted infections.
- Training be provided for teachers (including PE teachers), principals, and support staff

## Lesson Recommendations

- Lessons on friendships, bullying and how to be clear with your friends should be taught at beginning of year
- 4 videos included in lessons should be replaced with ones from CCCOE Ed1Stop “Brainpop” website.
- Information on feminine hygiene products should be included in lesson
- Lesson 8 focusing on HIV be moved to middle school level
- Lesson 10 focusing on difference between gender identity, gender expression, and gender orientation be moved to middle school level \*

# Next Steps

- Communication to all 5th grade teachers and principals on revisions
- Communication out to families on dates to review materials
- Revisions to materials (i.e. replacing video choices, removal of lessons from binder)
- Copy and deliver new materials to sites
- Post new materials on website
- Train new 5th grade teachers on materials